

## **OBJECTIVES FOR KIDS COURTS INTERMEDIATE PLAYERS PROGRAMS:**

- A comprehensive review of basic strokes for the player who has completed our Beginner and Advanced Beginner Program or equivalent.
- A practice guide for the player who has had some previous instruction but who needs to brush up on the basic strokes before moving into the advanced play.
- An introduction to competitive games in which all the fundamental strokes and initial drills are put into actual play.

For players to move up to our Advanced Intermediate group they must be able to pass the SKILL TEST FOR INTERMEDIATE PLAYERS.

### **SKILL TEST FOR INTERMEDIATE PLAYERS**

1. From a position behind the baseline, return 10 out of 15 balls tossed alternately to your forehand or backhand---deep, short, or to the side so that you have to take a few steps to reach each ball.
2. Hit 15 consecutive forehands against a wall; then 10 consecutive backhands.
3. Serve 8 out of 10 balls into the right service court. Serve 8 out of 10 balls into the left service court.
4. Return 8 out of 10 balls served to you into the right service court. Return 8 out of 10 balls served to you into the left service court.
5. Volley 10 out of 15 balls tossed alternately to you forehand and backhand.
6. Lob 10 out of 15 balls tossed alternately to you forehand and backhand.
7. Return 5 out of 10 balls on an overhead smash.
8. With a friend or an instructor, rally 10 times each, full court, including at least 3 backhands.
9. With a friend or an instructor, keep the ball in play on the volley at least 10 times each back and forth.
10. Play one match of singles, the best of 3 sets. No-ad scoring and tie-breaker rules permitted.

11. Play one match of doubles, the best of 3 sets. No-ad scoring and tie-breaker rules permitted